Winnipeg metro

TUESDAY, AUGUST 2, 2016

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Winnipeg metro

Your essential daily news | TUESDAY, AUGUST 2, 2016 | High 29°C/Low 16°C Sunny

POLITICS
**Twins pen millennial manifesto**
metroLIFE

# 9,279 TICKETS ISSUED LAST YEAR

# 40,000 CARS COMING INTO DOWNTOWN DAILY

# $3M UNPAID FINES OWING

# $5.5M 2015 PAID PARKING FINES

# 165 TICKETS ISSUED ON BANNATYNE AVE.

# $4.5M

# 600

## PARKING PATROL

**Metro shows you the city's worst spots for tickets — and why they're being issued**

metroNEWS

# Hull induction called a 'slap in the face'

SPORTS

## Indigenous leader reacts to hall of fame controversy

Stephanie Taylor
Metro | Winnipeg

The head of the Aboriginal Council of Winnipeg says it would be a "slap in the face" to see Bobby Hull, an alleged abuser of women, inducted into the new Winnipeg Jets hall of fame.

Damon Johnston, who also serves on Mayor Brian Bowman's indigenous advisory circle, says violence against women is a central issue in the indigenous community, pointing to the upcoming inquiry on murdered and missing women.

"It's a slap in the face to all of us. It's a step backward in time," he said of True North Sports and Entertainment's decision to honour Hull.

"There's zero tolerance for violence against women. Zero. Period. No ifs, ands or buts, and the same with racism."

Metro's urban affairs columnist, Colin Fast, recently raised concerns about True North's plans to induct Hull despite troubling allegations about his behavior off the ice. Hull is accused of abusing his first and second wife, and espousing pro-Hitler sentiments.

"If we don't publicly disavow those beliefs, then we're at fault," said Johnston.

In response to the criticism, True North spokesperson Scott Brown told CBC's As It Happens the corporation would be standing by its decision.

"They can take that position, but as you know we have a right to push back," Johnston said. He said he's contacting local indigenous female leaders and groups that work in the area of domestic violence to organize a press conference, demanding that True North and owner Mark Chipman not induct Hull.

"We can't look the other way. It's time. Individuals have to be held accountable regardless of how many gifts they have, how good they are at a sport," he said.

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metro NEWS

Your essential daily news

Canada's only shark derbies get underway in Nova Scotia. **Canada**

# Off the leash in Bonnycastle Park

ANIMALS

## Plans include lights, signage and agility equipment

**Stephanie Taylor**
Metro | Winnipeg

Mayor Brian Bowman and other city officials announced Bonnycastle Park would be home to a new off-leash dog site — complete with pooch-friendly amenities — by October.

Creating an off-leash dog park in the city's downtown was one of Bowman's campaign promises during the 2014 mayoral race, and he reiterated it is one piece of the puzzle in revitalizing our city's core.

"One in six households have pets, and what I was hearing from residents, certainly when I was working downtown and in the campaign was we want more amenities like you have the in suburbs," he said.

As is, the park is nestled between Assiniboine Avenue and the river walkway.

The city plans to transform 0.15 hectares of the land into an off-leash dog area, complete with a perimeter fence, and second fence to separate small dogs from larger canines.

There are also plans to include agility-type furniture for dogs to play in, plus new lights, signage, park furniture, and, of course, waste bins for owners.

**The new off-leash dog park will include a perimeter fence, plus an internal fence to separate big dogs from small dogs.**
CITY OF WINNIPEG

The city's director of public works, Lester Deane, said seven sites were studied as possible locations for a new off-leash dog park.

"I have to be honest, I mean we did the announcement in the campaign over by the Canadian Museum for Human Rights. I'd kind of envisioned that as the site," Bowman told reporters.

"Through public consultation what we heard loud and clear was this (Bonnycastle Park) made sense."

The city has set aside $300,000 to pay for the off-leash dog park.

> **One in six households have pets, and what I was hearing from residents was we want more amenities like you have the in suburbs.** Mayor Brian Bowman

THINKSTOCK

# TRANSIT TUESDAY

Weekly Transit News Update

## SENIORS, GET YOUR PEGGO CARD NOW!

Seniors are the first transit customers to start using peggo, the new electronic fare collection system from Winnipeg Transit. Seniors (65+) can now purchase their re-loadable peggo card in person at any 7-Eleven or Shoppers Drug Mart store, online at WinnipegTransit.com or by calling 311.

Using a peggo card is easy! Simply tap the card directly on the peggo card reader on the farebox, wait for the beep, and go.

Full fare and Youth customers will be able to start using the new peggo fare system starting August 8.

The cost for a peggo card is $5.00, however, for a limited time, customers can receive a $5.00 rebate when they register their peggo card and use it on the bus within 90 days of purchase. Visit winnipegtransit.com or contact 311 for more information. Registering your peggo card provides a number of benefits, including online account management and loss or theft protection.

Customers will have up to 36 fare payment options to choose from, including 24 hour, 3 day, 5 day, 7 day, 14 day, 21 day, 28 day, monthly and annual passes. Winnipeg Transit will continue to offer reduced fares to seniors and students.

There are two types of fares which can be loaded onto peggo cards:

- e-passes – replace paper passes and are valid for an unlimited number of trips during a set number of consecutive days.
- e-cash – replaces paper tickets. Riders can load e-cash onto their peggo cards, which deducts e-cash fares from the card when it is tapped on the farebox. When paying using e-cash, a 75-minute transfer is automatically loaded onto the peggo card so paper transfers are no longer required.

Winnipeg Transit will continue to accept paper passes and tickets while customers transition to the new fare system. Riders will still be able to pay cash fare when boarding.

A comprehensive public outreach and education campaign has been underway since June 10th to help Winnipeg Transit customers adapt to the new fare payment system.

To learn more about peggo, visit winnipegtransit.com or contact 311.

The aptly named pothole bench will be installed near Crampton's Market. HANDOUT

# An artsy benchmark for our city benches

COMPETITION

## Street seating design contest should yield creative results

Braeden Jones
Metro | Winnipeg

A bench is a bench, right?

Wrong, according to the Winnipeg Trails Association and Storefront Manitoba.

The organizations recently received dozens of submitted pitches in a design competition for two new permanent benches to be installed on the Bishop Grandin active transportation trail near Crampton's market.

The winning designs include one riddled with "potholes," and one that is titled "scattered spheres."

"It may seem at times silly to put so much energy into a simple thing like benches, but the reality is putting thought in the way things are made is very important," said co-curator Anders Swanson. "It's always good for a design team to think about these things as places, not just a utilitarian thing."

Swanson said it's common for architects to design a unique chair, as they are seen as a sort of interface between the human body and designed surroundings, and there are "millions of ways" to approach something as simple as a chair.

> **The reality is putting thought into the way things are made is important.**
> Andres Swanson

"We thought a trail bench would be a similar kind of thing," he said.

Additionally, Swanson explained, a bench with a bit more intrigue than a flat back and bottom can have a "place-making" function, and more than just a pit-stop, they can be a destination.

The Pothole bench designed by Michelle Tustin is a tongue-in-cheek shout-out to Winnipeg's pothole-pockmarked reputation, "inspired by the topography of the pothole region."

The Scattered Spheres, designed by Kellen Deighton, Karen Hare and J Neufeld of Wood Anchor Inc., will form a cluster of seating at the Agassiz site, and are minimal pieces that "encourage interaction"—one adult's bench might be a child's jungle-gym.

Both seating solutions will be made of wood, the latter from reclaimed Manitoba White Oak, and are expected to be unveiled in September 2016.

BLUE BOMBERS

## Legend Stegall set to enter Ring of Honour

The Winnipeg Blue Bombers are set to honour former player Milt Stegall during tomorrow night's game.

The team announced Stegall will be inducted into the team's Ring of Honour when the Blue and Gold play host to Hamilton at Investors Group Field Wednesday. Stegall is touted as one of the greatest players in the history of the Canadian Football League.

The nine-time CFL all-star has a career touchdown total of 147 and set a record with 23 touchdowns in 2002, the same year he was named the league's most outstanding player.

> **This means a lot to me.**
> Milt Stegall

"This means a lot to me," Stegall said in a prepared statement circulated by the league.

"When people ask me, 'What was the first thing you thought about when you got to Winnipeg?' I'm very honest with them: my plan was to spend a couple years there, put up some numbers and then hopefully get back to the NFL.

"The way things turned out, I wouldn't have it any other way. The fact that I spent 14 years there, the things that I did there and the way I was treated… everything that happened is a big part of the reason of where I am in my life now."

Every year the team adds one alumni to their Ring of Honour. METRO

Milt Stegall TORSTAR NEWS SERVICE

The SUV after the fatal crash in November 2015. METRO FILE

# Watchdog clears police

INVESTIGATION

## Officers acted appropriately during fatal chase: Report

An investigation by Manitoba's police watchdog has cleared Winnipeg officers of wrongdoing in a fatal high-speed pursuit.

The Independent Investigation Unit says officers acted appropriately last November when they chased a Ford Explorer that was allegedly involved in two armed robberies.

The investigation report says the SUV was driving at speeds up to 160 km/h.

It says the officers temporarily lost sight of the vehicle, but saw it a minute later after it crashed into several buildings on Portage Avenue near Good Street just before 1:30 a.m. on Nov. 23. The University of Winnipeg's Buhler Centre was damaged, as were at least two other buildings, trees, a parking metre and a lamp post.

The woman driver was pronounced dead in hospital, while a male passenger who fled on foot was arrested nearby.

The report says that a pathologist concluded the driver was intoxicated by cocaine and methamphetamine.

"They were justified to pursue this vehicle. While the road speeds were relatively high, traffic volumes were light and there were few pedestrians along the route," said the report prepared by the unit's civilian director, Zane Tessler.

It said evidence also included eyewitness accounts of the chase, video surveillance from a number of businesses, police recordings and GPS data from police vehicles.

The Independent Investigations Unit assumed responsibility for the review since the case involved a fatality.

THE CANADIAN PRESS
-WITH FILES FROM ELISHA DACEY/METRO

## IN BRIEF

**Winnipeg police arrest four men for buying sex**

Winnipeg police have arrested four men, including at least one teen, for allegedly buying sexual services. The force said its counter-exploitation and missing persons units partnered with outreach workers in an effort to protect vulnerable teens on the city's streets.

Five missing teens were found during the investigation, and one was also arrested for failing to comply with conditions of an undertaking, said police. METRO

**Manitobans, Ontarians arrested in cocaine bust**

Mounties say they have arrested people from Manitoba and Ontario after a two-year investigation into a criminal group moving large amounts of cocaine into Canada from Mexico. RCMP say during the course of their investigation, they seized more than two kilograms of cocaine.

They say the group was using sophisticated concealment methods to get the drug across the border undetected.

THE CANADIAN PRESS

SOCIAL CLUB

# Fire destroys Club Jovial in Ste. Anne

This was not a happy ending. Fire raged through Ste. Anne's Club Jovial Friday night, destroying the Manitoba town's social club.

Emergency personnel from numerous fire departments in the Eastman mutual aid district responded to the blaze at 157 Central Ave. shortly after midnight. No one was hurt.

Local resident Patricia McPherson spotted the flames and called 911. She credited firefighters with keeping the blaze from neighbouring businesses, but said it took two hours to extinguish the flames.

Ste. Anne is about 40 kilometres southeast of Winnipeg. The fire is not considered suspicious.

There was no word on damage estimates.

METRO

Club Jovial on fire Saturday morning. PATRICIA MCPHERSON/HANDOUT

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cityplace

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# Which Winnipeg streets get the most parking tickets?

MOTOR VEHICLES

## City to roll out updated bylaw on September 1

Stephanie Taylor
Metro | Winnipeg

Whether your appointment ran long or you decided to test your luck at plugging the meter, the discovery of a yellow envelope tucked under your vehicle's wipers is fun for no one.

And according to the City of Winnipeg's data collection on parking tickets, chances are you may have been visiting the Health Sciences Centre or the East Exchange District when you got caught.

Metro analyzed detailed records of parking tickets issued between 2013 to May 2016, which were obtained under freedom of information legislation. According to numbers from 2015, the top five most ticketed streets in order were Bannatyne Avenue, McDermont Avenue, Hargrave Street, William Avenue, and Kennedy Street.

In total, the city handed out 165,279 tickets to drivers, raking in $5.5 million in paid parking fines.

Data shows that over the past four years, the city has raked in $19.6 million from paid parking tickets.

However, those drivers who let slips pile up have created $4.3 million owed in unpaid fines — tsk, tsk.

Between last year and the current one, the highest concentration of tickets were issued on blocks near the Health Sciences Centre and in the East Exchange District.

The issue boils down to one of supply and demand, says Colin Stewart, manager of special projects with the Winnipeg Parking Authority.

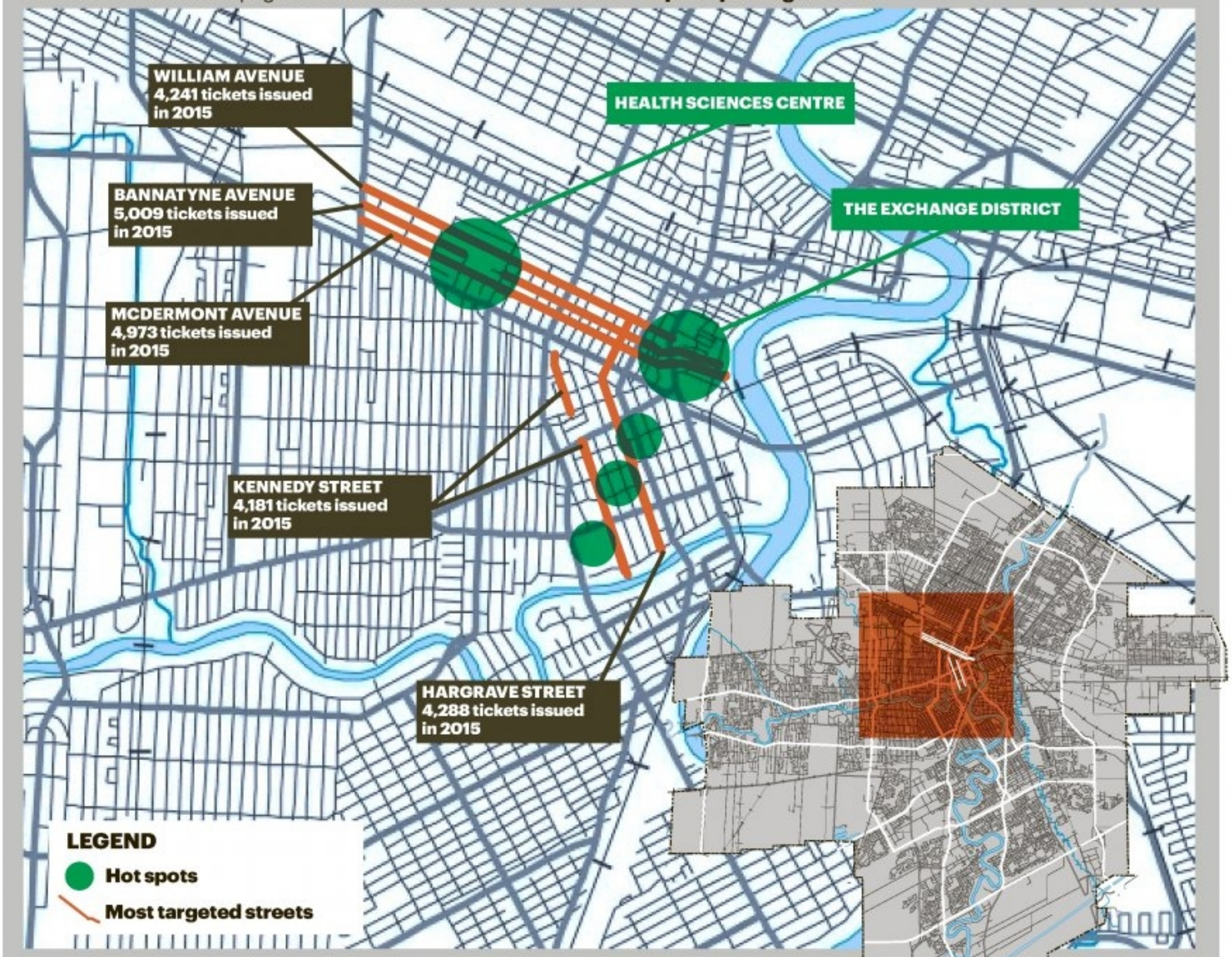
He explained there are 500 on-street parking spaces within four blocks of the hospital, and a garage with 400 parking stalls.

"The city has the ability to influence 500 on-street spaces and that's it. There are 8,000 employees at Health Sciences Centre," not including patients and visitors, he said.

MAPPED

### PARKING TICKET HOTSPOTS

Metro compiled data from 165,279 parking tickets issued in 2015, and identified the five most ticketed streets in Winnipeg. **What's the most common infraction? Expired parking meters.**




Stewart paints a similar picture for downtown.

"Over 40,000 cars come into downtown Winnipeg every single days. There's only 20,000 off-street spaces," he explained.

Stewart said the parking authority is only able to influence the length of time a driver stays in a particular spot.

> **Over 40,000 cars come into downtown Winnipeg every single days. There's only 20,000 off-street spaces.**
> Colin Stewart, Winnipeg Parking Authority

"At the end of the day the great Winnipeg parking myth is that there's no parking downtown. It's not actually correct. It's there's no free parking downtown."

"Lots of people go, 'Well if it's free then everyone will be able to find a place to park.' Actually, if you make it free, no one will be able to find a place to park because the first person to get there will just stay there all day," said Stewart.

Starting Sept. 1, when the city rolls out its new parking by-law — which is mainly consolidates and updates the city's existing rules — drivers parking downtown in two-hour spots will be able to buy an extra 30 minutes on their meters.

Stewart said anecdotally, parking officers noted people were returning to their vehicles 10-15 minutes past meter expiration.

He said it's hard to tell whether an extra half an hour will mean fewer tickets for drivers as some may find it inconvenient to drop what they are doing and feed the meter.

That's why staff he said are creating a way for drivers using the Pay By Phone app to receive a text message before their meter expires with an option to pay automatically, saving them a trip to their vehicle.

But at the end of the day, Stewart says parking downtown is a challenge for cities worldwide.

What does that mean for one in the midst of attempting to densify its core?

Perhaps leaving the car at home — or not owing one at all — and hopping on transit or a bike, Stewart suggests.

"As bizarre as it sounds, the parking guys like alternative transportation," he said.

"Winnipeg at the moment is still a very car-centric city."

**17,453**

**In 2016, 17,453 tickets were given for having an expired parking meter.**

The Spirit of Manitoba exhibit brings to light precious images of the province's early settlements and indigenous and Métis people. These photos date back to the early 1870s, when the University of Manitoba was originally founded.
UNIVERSITY OF MANITOBA SPECIAL ARCHIVES

# Flashback to 'Peg's beginning

HISTORY

## Treasure trove of rare photos, documents in new exhibit

Shane Gibson
For Metro | Winnipeg

There's a time machine parked at the University of Manitoba offering Winnipeggers a free trip back to the very first days of their city and province.

The school's Elizabeth Dafoe Library has opened their extensive collection of historical photos and documents dating back to the university's early days in the 1870s to the public.

"It's called the Spirit of Manitoba and it's showcasing some of our collections that deal with Red River, indigenous people, Métis people, and early architecture in Winnipeg," explained archivist Brian Hubner, who dug through the archives with library technician Michelle Micuda to find the rarely seen items.

"The whole intent of the exhibit is to have these things more widely known so people will come here to use them in their research for books, writing, and websites that deal with the history of Manitoba."

Before Winnipeg was a city, it was a settlement.
UNIVERSITY OF MANITOBA SPECIAL ARCHIVES

The exhibit includes five rarely seen photos of Louis Riel and three letters penned by the man who led the Red River rebellion.

"Having just one letter of Riel's is pretty significant," said Hubner. "He's a very important Canadian figure and there's of course lots of controversy around him, so anything written by Riel is of interest."

Hubner and Micuda also uncovered a number of postcards featuring photos of the very early days of city and province, architectural drawings and documents related to some of Winnipeg's earliest buildings, and a collection of photographs taken by a Winnipeg photo studio in the 1880s of the area's indigenous and Métis people.

"They were sold as curiosities or conversation pieces to European settlers... in the pictures the subjects are dignified but there's a certain sadness in their eyes, obviously things are changing," said Hubner. "The whole exhibit really gives a snapshot of what it looked like when Winnipeg transitioned from the old Red River settlement into a growing city."

> **"Having just one letter of Riel's is pretty significant."**
> Archivist Brian Hubner

The Spirit of the Red River exhibit is open for free to the public on third floor of the Elizabeth Dafoe Library till 4:30 p.m. Monday to Friday until Oct. 7.

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# Fort Mac hit by flooding

NATURAL DISASTERS

## Emergency ops underway two months after wildfire

Brodie Thomas
Metro | Calgary

Fort McMurray hasn't seen a plague of locusts yet, but it can add flooding to the list of natural disasters it has experienced this year.

Low lying parts of the city saw flooding after a day of heavy rain on Sunday, causing the city to activate its emergency operations centre.

Dennis Morais lives in the community of Gregoire, in the city's southwest. While his home wasn't directly affected, he drove down for a closer look.

"It was flooded by the high school and just by Highway 63," he said, noting that police had to close off some roads to traffic.

**Photos show cars at a Fort McMurray dealership being inundated with water after heavy rains callused localized flooding Sunday.** COURTESY MADYSON DOUCET

Morais said he heard that many of his neighbours had flooding in their basements.

While vehicles with wheels were blocked from the flooded areas, that didn't stop Tyrone Kendell, another Gregoire resident, of trying out his seadoo in about four feet of flood water.

"A couple of my buddies dared me and I went through with it."

Kendell said he was out for about five minutes before he saw the city's pump trucks coming and decided to get out of the way.

Darby Allen, director of emergency management for the municipality, said in an email that the region received around 85 millimetres in just two hours on Sunday.

**85 mm**

Fort McMurray received around 85 millimetres of rain in just two hours on Sunday.

Environment Canada issued a rainfall warning for Fort McMurray and surrounding areas on Sunday morning and continued the warning later in the afternoon.

The forecast said some areas could receive thunderstorms that deliver 100 millimetres of rain or more.

By Monday, the flooding had subsided, leaving those with flooded basements to clean up yet again.

A wildfire spread into the city on May 3 and forced more than 80,000 people to leave for nearly a month.

It destroyed roughly 2,400 homes and other buildings, about one-tenth of the city.

WITH FILES FROM THE CANADIAN PRESS

COMPUTING

## Cloud data strategy rolled out

A federal proposal for the use of cloud computing makes it clear that the most sensitive data the government keeps about Canadians won't be allowed to leave the country.

Only information the government deems "unclassified" — meaning it's unauthorized release carries little, if any material or physical harm to the government or individual Canadians — will be allowed to cross the border, bound for cloud computing servers in other countries, under the government's newly released cloud computing strategy.

When data does leave the country, it must be encrypted, says the strategy that has been in development for more than a year.

Sensitive personal information on Canadians like social insurance numbers and top secret government data will remain on cloud servers in the country so the federal government maintains "sovereign control over its data," the strategy says.

THE CANADIAN PRESS

TOURNAMENT

# Mind your fingers in the wake of Canada's only shark derby

For most Canadians, sharks are objects of mystery and fear — unblinking, primeval monsters of the deep whose razor-sharp teeth are the stuff of nightmares.

In Nova Scotia, however, for a few weeks every summer they are objects of desire.

Unique in Canada, the province hosts annual shark derbies every August, in which hundreds of anglers pay for a chance to land one of the top predators of the sea.

These fishing tournaments have been closely monitored by the federal Fisheries Department since they started in 1993. Four are scheduled for the next two weekends: two in Cape Breton and two along the province's southwest shore.

"Just to feel it, even if it's a little one, you've got something there that's very powerful," said George Benham, president of the 25th annual Lockeport Sea Derby. "It can run for a minute or two and a time, and the line is flying off the reel. It's exhilarating."

Benham says the town's festival also offers prizes for those who catch the largest mackerel and groundfish, typically cod, pollock and haddock. But it's the big sharks that attract the most attention when fishermen haul them onto the wharf to be weighed and examined by federal scientists. Benham, a lobster and cod fisherman, admits shark fishing can be dangerous. "If you catch one, and you start putting your hands and fingers around their mouth — well, that's not a smart thing to do," he says.

Virtually all of the sharks landed during the derbies will be blue sharks, the most abundant type of shark off Nova Scotia and southeastern Newfoundland.

THE CANADIAN PRESS

> "You've got a live creature that can be pretty big and powerful with sharp teeth. You treat them with respect. George Benham

**A 3.3m, 492kg mako shark caught at the 2004 Yarmouth shark derby.** THE CANADIAN PRESS/HO-DEPARTMENT OF FISHERIES AND OCEANS, CANADIAN SHARK RESEARCH LAB

**Mark Collison, with the Heart and Stroke Foundation BC & Yukon, stands by a Denny's restaurant near the charity's Vancouver office.** Over his shoulder is an example of common marketing oriented to children, he said. DAVID P. BALL/METRO

ADVERTISING

## A new public health battle is beginning

David P. Ball
Metro | Vancouver

They're calling junk food the "new tobacco" war.

Some of Canada's largest and most influential health charities — led by the Heart and Stroke Foundation and the Childhood Obesity Foundation — are girding for a battle they're comparing to their 1990s campaigns against the cigarette industry.

The new target: food marketing to children. The Stop Marketing to Kids Coalition has blossomed to more than 30 other organizations across Canada. And because of the risk unhealthy products could pretend to be healthy, they're pushing for a complete ban on all food and beverage advertising aimed at under-18s.

"We're seeing higher rates of hypertension, diabetes and high cholesterol," explained Mark Collison, the Heart and Stroke Foundation BC & Yukon's director of government relations and health promotion. "We've even got kids with Type 2 adult-onset diabetes now getting the disease in their late teens.

"It's become really insidious. Ninety per cent of food marketed to children is high in sugar, salt and fat. Industry has no business, really, in the minds of kids."

The coalition's manifesto: the Ottawa Principles, a nine-point plan to stop marketing primarily targeted at children, to prevent advertising in schools and daycares, and create review and enforcement mechanisms to approve ads. They've proposed creating an exception for non-profit nutrition campaigns.

Though the coalition's endorsers have been in talks since 2014, the election of the federal Liberals sparked a push to formalize their campaign into a coalition in February.

In particular, Collison said the "catalyst" was Prime Minister Justin Trudeau instructing his appointed Minster of Health to introduce "new restrictions on the commercial marketing of unhealthy food and beverages to children, similar to those now in place in Quebec," he wrote to Jane Philpott.

Members of forces loyal to Libya's unity government take part in the military operations against Daesh in Dollar neighborhood in the center of Sirte, 450 kilometres east of Tripoli.

MEDIA CENTRE OF THE GNA FORCES MILITARY OPERATION AGAINST IS IN SIRTE/HANDOUT/AFP/GETTY IMAGES

# U.S. strikes Daesh from sky in Libya

COALITION

## Action follows worries about group's rising threat to Europe

The United States launched multiple airstrikes against Daesh militants in Libya on Monday, opening a new, more persistent front against the group at the request of the United Nations-backed government, Libyan and U.S. officials said.

Fayez Serraj, the head of Libya's UN-brokered presidency council, said in a televised statement that American warplanes attacked the Daesh bastion of Sirte on the Mediterranean in northern Libya. No U.S. ground forces will be deployed, he said.

The precision strikes, which targeted a Daesh tank and vehicles, come amid growing concerns about the group's increased threat to Europe and its ability to inspire attacks across the region, even though its numbers have been shrinking because of attacks from local forces and allied international troops.

"The presidency council, as the general army commander, has made a request for direct U.S. support to carry out specific airstrikes," Serraj said. "The first strikes started today in positions in Sirte, causing major casualties."

The strikes mark the start of a more intense American role in the fight against IS in Libya, as the U.S. steps in to assist the fragile, UN-backed government. They were the first strikes by the U.S. on the group in Libya since February, and they are expected to continue. But officials said they expect the air campaign will last weeks, not months.

Obama's authorization for action in Sirte covers strikes, intelligence and surveillance, but not ground operations, according to a White House official, who wasn't authorized to speak publicly about the strikes and requested anonymity.

Serraj said his government is joining the coalition against Daesh, adding, "This is the time for the international community to live up to its promises to the Libyan people."

He also noted that the strikes will not go beyond Sirte and its surroundings. He said any other foreign intervention is not allowed without co-ordination.

His warning comes after several French commandos were killed fighting Daesh militants. U.S., French, British and Italian special operations forces and military experts have been assisting Libyan troops fighting Daesh militants in eastern and western Libya.

THE ASSOCIATED PRESS

**6,000**

U.S. officials earlier this year estimated there were as many as 6,000 Daesh insurgents in Libya.

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# Pilot flew despite record

TEXAS

## Man in fatal balloon crash was convicted of drunk driving

The pilot of a hot air balloon that crashed in Texas, killing 16 people, was able to keep flying despite having at least four convictions for drunken driving in Missouri and twice spending time in prison.

Whether the pilot's drinking habits had anything to do with the crash was unclear. A former girlfriend described Alfred "Skip" Nichols as a recovering alcoholic. She said he had been sober for at least four years and never piloted a balloon after drinking.

Nichols, who had been stripped of his driver's licence at least twice, "couldn't drive a car but he could pilot a hot air balloon," said an attorney who represented a passenger who sued Nichols in 2013. The passenger said she was hurt when Nichols crash-landed a balloon in the St. Louis suburbs.

**A crew hoists a bag holding the remains of the hot air balloon.** DEBORAH CANNON/AUSTIN AMERICAN-STATESMAN VIA THE ASSOCIATED PRESS

Had he been a commercial airplane pilot, Nichols probably would have been grounded long ago.

The Federal Aviation Administration might allow a recovering alcoholic to fly commercial jets if the pilot could show that he or she was being successfully treated, said John Gadzinski, an airline captain and aviation safety consultant. But the agency is unlikely to accept an airline pilot with convictions for driving under the influence, he said.

The 49-year-old Nichols also had a long history of customer complaints against his balloon-ride companies in Missouri and Illinois dating back to 1997. Customers reported to the Better Business Bureau that their rides would get cancelled at the last minute and their fees never refunded.

When pilots apply for a ballooning certificate with the FAA, they are not required to disclose any prior drunken-driving convictions, only drug convictions, said Patrick Cannon, a spokesman for the Balloon Federation of America trade group, who called that a loophole in the law. He noted that the ballooning certificate specifically says not to include alcohol offences involving a motor vehicle, as those are covered on the FAA's medical application.

However, unlike other pilots, balloon pilots do not have to get regular medical exams from FAA-certified examiners. They are only required to write a statement certifying that they have "no medical defect" that would limit their ability to pilot a balloon.

THE ASSOCIATED PRESS

FLORIDA

## Miami gets Zika warning

Government health officials warned pregnant women Monday to avoid a Zika-stricken part of Miami and told couples who have been there recently to put off having children for at least two months, after the number of people feared infected through mosquito bites in the U.S. climbed to 14.

In its highly unusual and perhaps unprecedented travel warning, the Centers for Disease Control and Prevention also said expectant mothers should get tested for the virus if they have visited the neighbourhood since mid-June.

All 14 cases are thought to have occurred in Miami's Wynwood arts district, a trendy, fast-gentrifying neighbourhood of warehouses, art galleries, restaurants and boutiques.

Gov. Rick Scott asked for a CDC emergency response team to help Florida combat Zika, which has been sweeping Latin America and the Caribbean in recent months and now may be gaining a long-dreaded foothold in the U.S. The White House said a team will be sent quickly.

> **If you're pregnant or think you might be pregnant, avoid travel to Miami.**
> Tropical medicine expert Dr. Peter Hotez

Health officials last Friday announced that mosquitoes have apparently started spreading Zika on the U.S. mainland, citing four cases they strongly believe were caused by bites. Ten more cases were announced Monday, even though Florida authorities have yet to find any mosquitoes actually carrying the virus.

CDC officials said they could not remember another time in the 70-year history of the disease-fighting agency when it told members of the public not to travel someplace in the U.S.

Zika infections in pregnant women can cause severe brain-related birth defects, including extremely small skulls. The global outbreak has led to more than 1,800 serious defects.

The virus can linger in the blood and urine for weeks, and has been found in sperm for months. As a result, the CDC said men and women who have recently been in the affected area should wait at least eight weeks before trying to conceive a child. And men who have had symptoms of Zika should wait at least six months. THE ASSOCIATED PRESS

TAIWAN

## President apologizes to aboriginals

Taiwan's president on Monday apologized on behalf of the government to the island's aboriginal peoples for 400 years of conquest and colonization, saying the facing of difficult historical facts was necessary for society to move forward.

Tsai Ing-wen said her government wished to "take a further step" and offer its "fullest apology."

"If we wish to declare ourselves as a country of one people, we need to face these historical facts. We have to face the truth. Most importantly, the government must truly reflect on itself and that is why I'm standing here today," Tsai said at a ceremony at the presidential office building in the capital, Taipei.

**Tsai Ing-wen** THE ASSOCIATED PRESS

### IN BRIEF

**Five dead after Russian chopper shot down in Syria**

Rebels in Syria shot down a Russian combat helicopter on Monday amid fierce fighting around Aleppo, killing all five people on board in the deadliest single incident for the Russian military since it became embroiled in Syria's civil war 10 months ago.

The Mi-8 helicopter was shot down in Idlib province while returning to Hemeimeem air base on Syria's coast after delivering humanitarian goods to Aleppo, the Russian Defence Ministry said. It said all three crewmembers and two military officers on board died.

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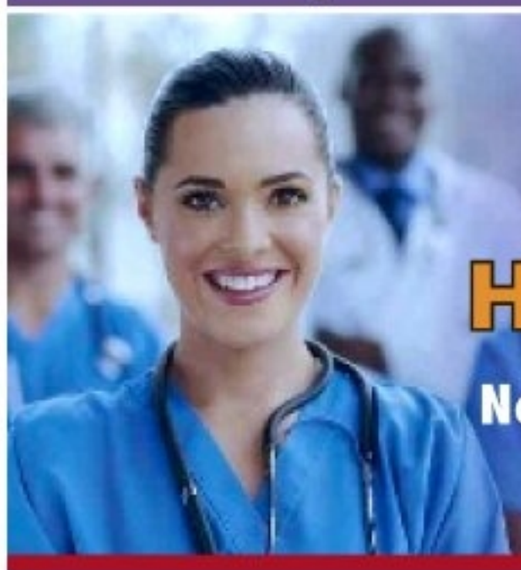

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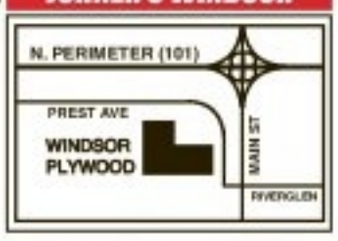


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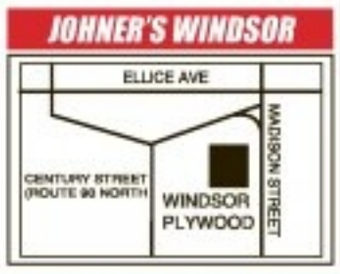


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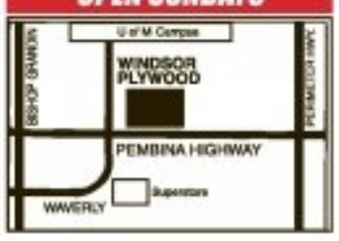


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# Windsor Plywood

# Hotels embrace future of travel

TOURISM

## Smartphone apps to enable keyless entry to suites

The last thing weary travellers want to do is to wait in line for their hotel room key.

That's what hotel chains believe, and thanks to technology, they have already begun to offer entry via smartphone.

In the hotel room of the future technology will simplify things. There will be one less plastic card to lose and technology will anticipate your needs, switching on lights or dispatching a robot to deliver extra towels or pillows.

Keyless entry is available at the Aloft Hotel in Vaughan, Ont., where people can check in using the Starwood app, get a notification when their room is ready, and be sent their room number, without talking to anyone.

"It's very easy to lose your key, but you never lose your phone," said Matt Rattray, general manager of the hotel, next to the Vaughan Mills shopping mall. "Guests like to bypass the front desk."

On a recent visit, Rattray found three guests had used the keyless entry program by early afternoon, though they must have stayed previously at that hotel at least once to bypass the front desk entirely.

And don't think about using it as a way to sneak around for secret trysts, because only one guest can use their smartphone at a time.

Rattray says the Aloft hotel focuses on technology, ensuring a 100 megabits per second speed for its Wi-Fi, which is available throughout the hotel — along with plenty of outlets where users can charge devices at tables in the lobby.

Four Points Sheraton hotels is testing a smart mirror offering news, sports scores and the weather forecast. CONTRIBUTED

That reflects a growing desire for the third place — not your home, not your office, but another space to work. Call it the Starbucks effect.

The Starwood chain has the Botlr — a robot that can deliver items to guests. But it can't knock, so it's programmed to call a room on arrival so the guest can retrieve their item.

The idea behind the robot is to get rid of customer pain points such as waiting in line to ask an employee a question.

"If you can offload the 10 most frequently asked questions to a front desk person, you're freeing that person up to check people in faster, anticipate guest needs and react to requests faster," said Jim Holthouser, executive vice-president for global brands at Hilton. TORSTAR NEWS SERVICE

Meet the Botlr — a robot being rolled out at Aloft hotels in the U.S. If you need extra towels or a toothpaste, send the request from your smartphone and the Botlr will be right up. CONTRIBUTED

## Customer service gets a tech upgrade

**Robot concierge:** Hotels are using robots to do some repetitive tasks, such as fetching extra towels or pillows. The Hilton chain has Connie, while at Starwood, there's the Botlr, which executives say frees up staff to help guest with other tasks.

**Plug and play:** With travellers arriving with multiple devices, often loaded with favourite shows or movies, hotels are making sure they can be played on the room's TV. .

**Instant chat:** Marriott says its check-in and check-out service on its app is popular, and it lets guests use chat feature to ask specific questions.

**Quick feedback:** Hotels.com will ask guests to send real-time reviews upon check-in — click on a smiley face or frowny face to a few simple questions including the room and location, and problems can be promptly fixed. TORSTAR NEWS SERVICE

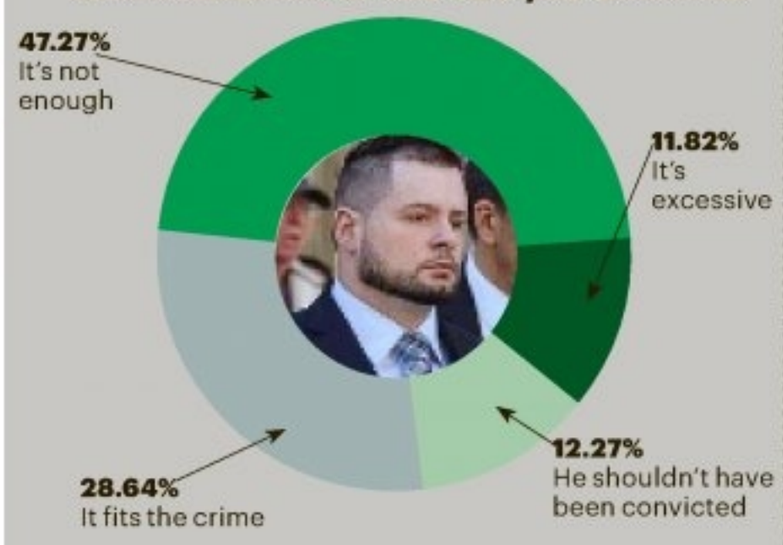
metro VIEWS
Your essential daily news
Tuesday, August 2, 2016

METRO POLL

# Was James Forcillo sentenced fairly?

In January, Toronto police constable James Forcillo was convicted of attempted murder for shooting Sammy Yatim, 18, on a streetcar. Last week, Forcillo was sentenced to six years in prison. The judge said that six of the nine shots fired by Forcillo were "unnecessary and unreasonable and excessive." Forcillo's lawyers have said that he is the only police officer in Canada to be convicted and sentenced for attempted murder. We asked for your take.

**1 What's your opinion of Toronto police constable James Forcillo's six-year sentence?**




**WE ASKED** Metro readers

**Sammy was being held captive in the streetcar. None of the 9 shots needed to be fired.**

**8-10 years would have been more just, and perhaps stood as some sort of deterrent in the future.**

**Police should be tried like everybody else.**

**When the people who we entrust to uphold the law break it. The consequences should be greater. The sentence was not enough.**

**He was just doing his job, he is not a criminal.**

**The gun can't be the answer to every confrontation ... Officers need better training.**

**If you truly read the details and reasoning behind the sentencing with an open mind, the decision/ sentence is well thought out.**

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**HAVE YOUR SAY**

# Drivers, cyclists want same thing: Get cycles off the road

**INSIDE THE PERIMETER**
**Shannon VanRaes**

Whether you fall into the Gian Giacomo Caprotti da Oreno, Baron Karl von Drais or Comte Mede de Sivrac camp when it comes to the great debate over who invented the bicycle, one thing is certain. Whoever hit the cobbles on two wheels first was immediately run off the road by an irate carriage driver who felt they shouldn't be there.

Last weekend, I hit the road on two wheels and had much the same experience. I was honked at, tailgated, flipped "the bird" and generally squeezed off the road by motorists who clearly felt I didn't have the right to use the roadway.

At worst, their actions seemed indicative of a belief cycling is an offence that ought to be punishable by death, because while cyclists and motorists share the road they don't share the risk. If an aggressive driver miscalculates, they are not the one to pay the price.

So it's no surprise that a new Canadian Institute for Health Information report noted a 19 per cent increase in biking injuries between 2013 and 2015. While the numbers don't differentiate between vehicle related injuries and other types of cycling mishaps, it does make clear the fact that better cycling infrastructure is needed — especially as the number of cyclists increase.

That leads me to the mind-boggling part — cyclists and drivers have more common ground than they might think. The fact is, as much as many drivers want cyclists off the road, most cyclists want to be off the road as well. Never have I spoken to a cyclist who preferred riding in traffic over protected bike lanes or cycle paths.

And yet Winnipeggers who rely solely on the automobile seem to be the first to rail against any suggestion cyclists be accommodated, even if it frees up the road for their horseless carriages.

When the now-approved $330-million, 20-year-long active transpiration plan was first proposed last year, no less than five city councillors — Russ Wyatt, Jeff Browaty, Shawn Dobson, Jason Schreyer and Ross Eadie — opposed some aspect of the proposal, be it the amount of money spent, the consultation process, or the proposed active routes.

They even used taxpayer money to take to the airwaves with two melodramatic and short-lived ads, relying on the tired motorists-versus-cyclists tropes that have come to represent the narcissistic rage the steering wheel seems to engender.

That's not to say there has been no improvement in Winnipeg, more bike trails have been added and the protected bike lanes on Sherbrook Ave. have been a boon to cyclists. A $6-million cycling and pedestrian action plan was also passed unanimously by Winnipeg city councillors this spring and this year's city budget does provide $1.5-million for bicycle corridors.

But given Winnipeg's history of scaling back projects and running short on infrastructure dollars, I'm taking future plans for active infrastructure with a grain of salt and hedging my bets by staying off the road for now.

**Shannon VanRaes** is a Winnipeg-based journalist and photojournalist She can be reached on Twitter @ShannonVanRaes

**ROSEMARY WESTWOOD**

# Couples preparing for each other's death: The final compromise

If, like me, you're in your 30s, you might also have reached the stage in life when your parents plan their funerals.

It's a reasonable enough conversation. Cultural and religious norms that were once automatic have been usurped by personal preferences; we've undergone a democratization of death. But an underlying tension remains: Do we mark death for the dead or the living?

"Once you have died, it's about the people who've been left behind," my mum told my dad. They were in the kitchen, and she'd just returned from a Catholic funeral-info session, covering what personal details a priest might need for the service and keeping the eulogies short and sweet.

Mum, the religious one, had come away with an interesting idea: She would be planning her own funeral, yes, but also my non-religious dad's.

You'll have a church service said in your name, she told him. For her sake.

"I will?"

"You can't just die and be put in our compost bin," she said.

What about being cremated in the barbeque "until I fit in an urn," he countered playfully.

"You'll be sorry one day," she warned. But she agreed there should be a party: "We'll get drinks, a couple of frozen lasagnas and some Caesar salad."

"Oh thanks, big spender!"

"It'll be a wake — lots of drinking going on. Where it is and how it works out, we'll have to see about that," she said.

"I have got to get busy on this one," said dad.

Neither has any need for a cemetery plot, they said, which is just as well. Those are becoming elusive, and pricey: Toronto might be out of death space in 10 or 15 years, and Vancouver's plots were going for $25,000 last year.

Mum redoubled: Not a full funeral for dad, but a mass held in his name at the Catholic church where she's a scripture reader, a gardening volunteer and the new head of an environmental group.

"I could still say what readings we do and what songs we sing," she told him.

"You can say, or I can say?!" Dad asked. Then, to me, with a grin: "When mum goes to bed, she still goes to her bed. I can see this is going to be an interesting process."

Listening to them, it occurred to me that this was probably the most logical way for a couple to think about death. That is, collaboratively. Since they've spent their lives compromising and caring for one another's needs, why not carry that right on into funerals? Thus: No surprises, no disappointments, and perhaps even the extra comfort that the very last act in your life as a couple, you did together.

**Listen to 'Nth Wave,' Rosie's podcast on women & media, at metronews.ca/podcasts**

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Margaret Atwood to have cameo in CBC's upcoming Alias Grace miniseries

# Economy, debt, gun control

AMERICA VOTES

## Twin activists offer insight into millennial politics

Genna Buck
Metro Canada

In their new book When Millennials Rule, David, left, and Jack Cahn write that millennials are realists not ideologues. CONTRIBUTED

They couldn't be less like the stereotype. Far from being shiftless, lazy millennials, Jack and David Cahn, at just 20, have organized student movements, travelled across the United States as champion debaters and embarked on engineering studies at the University of Pennsylvania.

And now, in time for the 2016 U.S. presidential election, they've penned When Millennials Rule: The Reshaping of America. It's a comprehensive look at the hopes, dreams and political leanings of the 80-million-strong cohort born between 1980 and 2000, who will come to dominate American public life in the near future.

David Cahn sat down with Metro. The following is edited and condensed for clarity.

**We've had a couple of nutty weeks in American politics. From the millennials' eye-view, what struck you from each of the conventions?**
The most impactful moment of both conventions was President Obama's speech. Millennials elected him. They were disappointed in him for the first few years, but he will be remembered by history as a president millennials support and love, and they'll compare future presidents to him.

I saw Donald Trump's speech (at the Republican National Convention). This is my personal reaction — I'm not speaking for millennials now — this was his "I'm a fascist" speech. It was almost out of a history textbook.

You read about how these leaders came to power by preying on people's fears. I mean, verbatim, that's what he said. He said "You are in danger."

**Talk about the core millennial values you've identified — optimism, authenticity and tolerance. Why these three?**
We travelled around the country talking to millennials. We went through a lot of research reports and surveys, and these are always in the top five. First, authenticity: I mean look at their votes for Ron Paul (in 2012) and Bernie Sanders. People are really searching for authenticity. As for optimism, just look at Obama's message. Even though two-thirds of millennials are living paycheque to paycheque, 80 per cent think they're going to be better off than their parents. It doesn't get more optimistic than that. And tolerance for diversity: American public schools today are majority minority. We have a much different perspective on immigrants and on (minority) groups, because we've been integrated with them.

**You write that millennials are realists, not ideologues. But this is an incredibly ideological election. The Bernie or Bust crowd are the opposite of realists.**
I disagree with that. Millennials did not support Bernie Sanders because of his ideology. They want change. And (Sanders) talks about the issues that matter to young people. He's the one talking about Black Lives Matter. He's the one talking about college debt. He is a pragmatic, non-ideological choice.

**Who's going to win millennials in November?**
I'm very confident Clinton will win a broad mandate with millennial voters — if they show up to the polls.

**How can she make that happen?**
She has to make a positive case for herself. Millennials will just sit out this election if they feel it's a choice between the lesser of two evils. She needs to talk about the issues that matter to millennials, to everybody. That's the difference between pandering and being authentic.

**What are those issues?**
The economy, student debt, and gun control.

**Gun control, really?**
Yeah, surprisingly. According to the justice department, one in five millennials has seen a shooting. That's a terrifying number. These are the people feeling the impact (of gun violence) the hardest.

**Millennials, you write, have contempt for politicians. Where's that coming from?**
Millennials have had maximal exposure to just how broken the political system is. In 2000, the first millennial election, the Supreme Court chooses the president. In 2008, we elect a president who is supposed to change everything, but in 2012, millennials still don't have jobs, and Mitt Romney says 47 per cent of the country is moochers. And 2016 we have Trump and Clinton. It seems like it gets worse every time.

**You are both engineering students, but you wrote this political book. Are you pivoting toward a life in politics? Even a run for office?**
This book highlights just how differently millennials think about public policy. If they think about making change, they think about apps, and about the Internet and entrepreneurship, not about running for office. I can make a bigger impact there than I could in politics.

JOHANNA SCHNELLER WHAT I'M WATCHING

## Hillary gets a little Hollywood help

**THE SHOW: Hillary Clinton biopic video, Democratic National Convention**
**THE MOMENT: Humanizing Hillary**

Hillary Clinton, the first woman nominated for U.S. president, sits at a kitchen table wearing a simple striped shirt. "My mother wanted me to be resilient and she wanted me to be brave," Clinton says. "I was 4. The kids in the neighbourhood would pick on me. It was my first experience with being bullied. I'm running into the house and my mother met me. She said, 'There's no room for cowards in this house. You go back outside and figure out how you're going to deal with what these kids are doing.'"

This video — produced by TV powerhouse Shonda Rhimes, and solemnly narrated by Morgan Freeman — hits all the right notes, from Clinton's humble roots and her fight for women's and children's rights, to her participation in the operation that killed Osama bin Laden and her new role as grandmother. But her childhood story really stood out for me. "My mother was tough," Hillary is saying (She's always "Hillary" in the video). "She toughened me. Now I can deal with anything."

Clinton's video aired the night after another stirring video — the one Davis Guggenheim (An Inconvenient Truth) made extolling the accomplishments of Barack Obama. It consisted mainly of still photos of Obama looking thoughtful, while unseen interviewees offered examples of his strength and compassion. Both shorts had a simplicity that belied their stellar production values, and both were highly affective. When you're pitching your life story to the American public in 12 minutes, it helps to have Hollywood on your side.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

When you're pitching your life to the American public in 12 minutes, it helps to have Hollywood — especially Shonda Rhimes — on your side. CONTRIBUTED

# Does this colour make you want to go shopping?

Strong contrasts like black and yellow cause our attention to perk up. ISTOCK

MONEY MATTERS

## Many things can influence impulse buys, so beware

Gail Vaz-Oxlade
For Metro Canada

Whenever I have a big purchase to make, I imagine buying it or place the item in a "shopping cart" online, then sleep on it for a few days.

I find that if I load up the cart in my brain and then sleep on it, I can decide with fresh eyes how much I really want what I've put in my cart, and whether I'm happy with the price.

Heaps of things can influence your desire to impulse shop. According to research, most impulse purchases are made because the item is on sale. Yup, just the idea that you may be getting a bargain is enough to make you dig into your wallet. Thing is, if you're responding on impulse, how can you possibly know if you are getting a good deal? And if you're responding to a percentage off, what does that mean in real dollars saved versus the very real dollars spent?

It's not just the numbers or words on the sale sign that will grab your attention. Colour can draw you in and keep you focused. Strong contrasts, like black and yellow, are key. In fact, bright yellow has been proven to be the most visible colour, and when we see black and yellow together, we have an instinctive reaction — an ancient collective memory — that keeps us paying attention.

Even our means of transportation can impact our impulse purchase. Not surprising really. We might be willing to fork over money and lighten our wallets, we're far less willing to carry our stuff. That's why shoppers who arrive by car instead of on foot are 44 per cent more likely to make an unplanned purchase.

Emotions play a huge role in our desire to impulse buy. If we're angry, stressed, guilty or bored, we're more likely to impulse purchase. No doubt that's why instead of buying useful or necessary stuff, impulse shoppers buy things that put them in a better mood.

That old adage "don't go shopping on an empty stomach" doesn't just apply to grocery shopping.

Psychologists at the National University of Singapore had participants shop in a room with an unscented candle or in a room with a cookie-scented candle.

The women exposed to the yummy smelling candle made more unplanned purchases. In fact 50 per cent more women made purchases in the cookie room even though both groups were told that they had a tight budget. Stimulating the appetite causes people to crave immediate gratification, even if the actions aren't in their best interest.

If you scratch the itch in the store, it's an impulse buy. When you realize you need something and then set out to get it, that's purposeful shopping. If you recognize the need away from the temptation to shop, it's what psychologists call "problem recognition" and you're much more likely to shop smart.

That's where sleeping on it comes into play.

If you walk away from the idea of the buy, giving your brain enough time to weigh the actual benefits (what said purchase will do for you) against the actual costs (money and missed future opportunities), you're moving from impulse shopping to problem recognition (and satisfaction).

The next time you think you want to, need to, have to buy something, go home and sleep on it.

For more money advice, visit Gail's website at gailvazoxlade.com

FENTANYL CRISIS

## Fest crowd funds drug-checking tool

Shambhala organizers have been crowd funding to purchase a drug-testing machine for fentanyl. THE CANADIAN PRESS

For the past 14 years, organizers of a giant electronic music festival on a British Columbia mountain ranch have quietly helped participants test their recreational drugs to find out what substances are inside.

Shambhala organizers will also hand out 4,000 pamphlets warning about the deadly drug fentanyl to those attending the festival that starts Wednesday.

But what they really want to increase safety is a miniature mobile mass spectrometer.

Unable to secure government funding for the sophisticated drug-testing machine, which could cost up to $250,000 or more, organizers have launched an online crowd funding campaign hoping to make the purchase by next year. The machine can detect many ingredients in one substance.

The campaign comes amid the declaration of a public health emergency over a surge of opioid overdose deaths in the province, many of them related to fentanyl.

Premier Christy Clark announced last week that a task force had been created to scale up the response. One of its stated goals is to improve street drug checking.

But Shambhala organizers say they can't wait. "We have to move very quickly if we're going to stop any more deaths from happening," said Chloe Sage, who has run the harm-reduction operation at the festival for the past six years.

The tent provides recreational users chemical agents that change colours when tested so they can personally check their drugs, but they don't work for fentanyl.

Sage said the creation of the provincial task force is movement in the right direction, and has only recently become possible as public opinion shifts. B.C.'s Ministry of Health funded Sage and a colleague to write a 60-page "how-to guide" for drug checking at music festivals this spring.

"The conversation has only become a national conversation in the last year," she said.

Participants at music festivals aren't typically opioid users, Sage said, but the tainting of many street drugs with fentanyl means it could show up.

The drug, which is up to 100 times more powerful than morphine, was linked to hundreds of overdose deaths in B.C in the first six months of this year.

Sage would ideally like the government to acquire several mobile mass spectrometers that could be rolled out to large events across the province. They could be made accessible to the public in high-risk communities or at supervised injection sites during the rest of the year, she said.

Experts and health policy makers in the province say a harm-reduction plan that facilitates drug checking has merit, but aren't convinced that buying expensive machines is the answer.

THE CANADIAN PRESS

REPRODUCTIVE ISSUES

## Fertility issues a man's concern, too

Sofi Papamarko
For Torstar News Service

In a world where famous septuagenarians routinely sire children with women a fraction of their age, it's easy to see why the limitations of male fertility are rarely considered.

According to popular legend and lore, ovaries and Fallopian tubes fossilize faster than you can say "Medusa," but men can effortlessly reproduce well into their golden years — right? Just ask Rod Stewart, Tony Randall and Mick Jagger.

Not so fast, fellas! As it turns out, we've been misled about the biological clocks of both sexes. Women are fertile far longer than ancient evidence claims and you, my silver-templed friend, are running out of time.

As a matchmaker, my female clients frequently discuss their anxieties with me re: fertility. Single and in their 30s, they wonder how to get the life and family they want when there's no man on the horizon.

Should they freeze their eggs? Hit up a sperm bank? Beg their gay bestie? Could it already be too late?

Meanwhile, men in the same age bracket busy themselves with careers and casual dating, thinking they might consider settling down and having a family in five or 10 years. Maybe. Possibly.

If or when they're ready, these men (now well into their 40s) come to me asking for significantly younger women. They're worried that a woman in her mid-to-late 30s might not be able to deliver (quite literally), yet barely give any thought to their own waning fertility.

"The idea that women should be panicked and men have not a care in the world is simply inaccurate," says Moira Weigel, author of the new book Labor of Love: The Invention of Dating. "The single most surprising thing I learned (while researching my book) was this: men and women are found to experience fertility problems at exactly equal rates."

"According to the most recent data of the American Society for Reproductive Medicine, which comes from 2014 or 2015, in couples seeking fertility treatment in the United States, 40 per cent of the time the issue was found to be male factor, 40 per cent of the time it was found to be female factor and 20 per cent of the time the doctor couldn't tell."

Sperm count and motility decline dramatically when a man enters middle age. CONTRIBUTED

Recent science suggests that sperm count, motility and morphology (shape and normalcy of cells) all decline dramatically when a man enters middle age.

According to a recent article in the journal Fertility and Sterility, sperm count and motility drop by almost half when you compare men aged 20 to 30 with men aged 51 to 60. Sperm morphology was significantly affected, as well.

In other words: your swimmers are making like Mark Spitz in your 20s and 30s but by the time you reach 50, they're doing an exhausted dog paddle and politely sputtering for a life-jacket.

YOU CAN DO THIS SPA OWNER/MANAGER

# Connecting with your clients

## WHY I LIKE MY JOB

**Kaitlin Norton, 23, Owner of The White Orchid Spa in Spencerville, Ont.**

After graduating from the esthetician program at Algonquin College, I encountered a mixed bag of experiences while pursuing a career in the spa industry. It took about three years before I realized how much happier I'd be launching my own shop, so I decided to branch out on my own.

My previous jobs helped me build a loyal base of clients — many of which have followed me to my in-home location, which provides a variety of services including pedicures, manicures, facials and waxing. I've always wanted to run my own company, and now I'm eager to someday expand operations in a public space. In the meantime, working out of my own home is amazing! There are no rent costs and I am able to keep expenses down to a minimum.

When it came to naming my business, I did some research and discovered the white orchid is a symbol of beauty, luxury, strength and power. I instantly connected with this and decided to name my spa accordingly. I love my job because I get to connect personally with my clients and build relationships with them. I'm always happy to see repeat customers; they make my job feel fun and easy, which makes me feel confident I chose the right profession.

**THE BASICS: Spa Owner/ Manager**

**$40,547**

Median annual salary for a new spa owner/manager. However, salary levels vary depending on the size of the spa, and those with more experience and education can earn over **$60,000** per year.

**+11%**

Projected rate of job growth over the next 8 years.

Data for this feature was provided by payscale.com, jobbank.gc.ca, algonquincollege.com and onetonline.org.

## HOW TO START

There is no formal educational requirement to own or manage a spa; however, most professionals tend to have a post-secondary credential in hospitality, business or spa management. Certification as a massage therapist, cosmetologist or esthetician may also help. College spa management programs provide students with the fundamentals of financial management, HR, ethics and regulations, marketing and customer relations.

## WHERE YOU CAN GO

The spa and wellness sector is undergoing significant growth in response to increasing rates of stress, celebratory event and, in some cases, human vanity. Spa owners and managers run their businesses in various settings including hotels, resorts, cruise ships, health clubs and mineral springs. Others may choose to set up shop in their own homes, which may require obtaining specific licences and permits from the various levels of government.

## NEXT CAREER STEP

Competing in this industry requires knowledge of current trends in beauty care, hospitality service and alternative therapies. Additionally, frontline managers aiming to expand their service offerings may look into in-spa therapeutic treatments such as acupuncture, aromatherapy and skin laser technologies.

# CONTINUING EDUCATION

## Advance your career — any time, any place

When it comes to pursuing your educational goals, location and scheduling are no longer the obstacles they once were. Online learning allows you to advance your career, enhance your skills or pursue new interests — anywhere, any time.

Red River College's School of Continuing Education offers a range of courses and programs to provide you with the opportunities to achieve invaluable credentials through in-depth and applied learning.

"Many people are too busy with work and family, making attending college during regular business hours too difficult - therefore excluding them from the opportunity to learn, to advance their careers, to develop a new skill or interest," says Vera Godavari, project and communication officer, RRC.

CONTRIBUTED

"Part-time learning, particularly with online courses and programs, allow students to shift time so they can manage their schedules and achieve their educational goals."

RRC offers a range of subjects: business and management, community services, education, health, information technology and trades.

"There are several reasons why online learning is an increasingly popular method of educational delivery and why it might be right for you," says Godavari.

She says some of these reasons could include convenience and flexibility, cost, career advancement, or transfer credits.

Students in any of RRC's programs benefit by having access to knowledgeable, industry-experienced, supportive instructors who are committed to the success of each student.

For those individuals who would like to take their education further, they are able to gain transfer credits into full-time programs.

With monthly starts, it makes it possible for those who can't start right away or are ready to get started, to start any of the many core/popular courses at the first of the month.

This fall, RRC has a number of exciting courses being offered, including; sport management and administration courses, graphic novel creation, introduction to workplace harassment, managing workplace harassment, Six Sigma: black and green belt courses, and user experience for mobile – intro.

RRC will also be offering many of their popular online programs as well, including project management, program leadership (new) builds on a practicing program manager's experience and education, business analyst, computer applications, human resources management, and software development. Visit rrc.ca.

# MAKE GOING BACK TO SCHOOL AN EASY DECISION

Nettie Fehr took an unexpected life path when she left school at 15 to have her first child. A wedding followed and five more kids came after that. This June, Fehr crossed the stage to collect her mature student high school diploma from Adult Education Centres Inc. (AEC).

"My daughter and I both just graduated," says 33-year-old Fehr. "It's pretty incredible that I was able to finish school and help to instill good study habits in my kids while going through the same challenges as them first-hand."

Funded by the province of Manitoba's Department of Multiculturalism and Literacy, AEC helps adults work toward a mature student high school diploma and prepares them for success in post-secondary education and employment. Thanks to the funding, AEC has no tuition or registration fees.

"When I started researching going back to school and making calls, AEC was the most friendly and welcoming," says Fehr. "That made the decision easy. And then when I actually started classes, I could see the teachers genuinely cared about me. That helps to keep you motivated."

With a busy family life, Fehr faced her fair share of challenges and credits the staff and resources at AEC with helping to ensure that she stayed on track with her schoolwork. AEC, which runs classes in the mornings, afternoons and evenings to accommodate busy schedules, offers its students post-secondary and career counselling, tutoring and even allows them access to items such as laptops, of which Fehr took advantage.

"You can sign out a laptop to use as long as you're in the school," she says. "With my family, this was helpful because there were times when focusing at home was challenging so I could come to the school to do my work."

After serving as the valedictorian at her AEC graduation, Fehr says she is looking towards a career in which she can help others.

CONTRIBUTED

AEC offers semestered and trimestered courses. Registration is this month for the September semestered courses and in January for the February semester. Registration for the school's trimestered courses, meanwhile, is on a continuous basis. For more, visit adult-education.ca.

CONTRIBUTED

# Achieve your goals: Robertson Online is making education more accessible to students

**The online program has already launched several new programs as well as a number yet to be announced**

Robertson Online makes education accessible.

Not only is online education more convenient, but at Robertson, online students also get the same benefits as the on-campus students.

"What differentiates online programs with Robertson College is the dedication to helping you graduate and find a career," says Keith McConnell, director, Online Campus, Robertson College.

"Our national career services team covers the country working with the top employers in every province to give our grads the best opportunity to succeed."

Robertson Online offers individuals flexibility of schedule, a variety of programs available in the areas of business, health and information technology, as well as monthly starts 10 of 12 months of the year.

"Every day we are asked when is the best time to start your program, it is a rhetorical question - the best time for you is when you are ready," says McConnell.

"At Robertson with monthly starts we are here to help you achieve your goal as soon as you want."

All students are able to receive one on one personal support by staff at Robertson College to assist them in exploring all the financial options available.

Robertson Online has recently launched a new accounting and payroll administrator program and administrative professional/bookkeeper programs.

Students will develop a proficiency in a wide variety of areas ranging from keyboarding and computer/office business skills from accounting to bookkeeping.

Graduates are qualified to work in a variety of businesses (small or large) and not limited to a specific industry.

New this fall and winter, Robertson Online will be offering multiple IT programs as well as a number of new programs yet to be announced.

"We are regularly working with industry leaders on new and exciting programs in a number of areas," says McConnell.

"When a program makes sense to be delivered in an online format we make sure we can deliver a high quality experience that is the same as a in person traditional campus program."

The next Robertson Online start date is August 24.

For more information about Robertson Online, visit robertsoncollege.com/online-studies.

***"WHAT DIFFERENTIATES ONLINE PROGRAMS WITH ROBERTSON COLLEGE IS THE DEDICATION TO HELPING YOU GRADUATE AND FIND A CAREER."***

***– Keith McConnell, director, Online Campus, Robertson College***

# STAY AHEAD OF THE PACK

As a manager at Great-West Life, Jamie Williamson understands how quickly the business world changes.

Having completed the management certificate at PACE (University of Winnipeg's Professional, Applied and Continuing Education), he's now in position to stay ahead of the pack.

Williamson came to PACE as a manager of nearly 30 people in a range of service areas, including quality assurance and process development.

Although he had prior, on-the-job training in his position, he wanted to gain new perspectives on management from both instructors and fellow students.

Following his graduation in 2014, Williamson returned to his position with more practical tools for problem solving.

He also learned some of the secrets to being a great leader.

"I learned that while the best leaders make it seem almost effortless — planning, research, and situational judgment are critical to effectively lead a team," says Williamson.

He also returns with the affirmation that trust, respect, and transparency are all essential to great leadership.

Williamson considers his PACE experience to be a worthwhile investment and encourages anyone who may be content in their career to explore more education.

"Although returning to school as an adult after a long absence can be intimidating, I found the environment to be very open, supportive and collaborative," he says.

The management certificate program has been designed for individuals who want to develop their professional skills, enhance their current knowledge and skills, and ultimately, further their career.

Students of this program explore current business topics and trends using the case analysis methodology and develop the skills to help businesses compete in the current competitive environment.

The certificate program emphasizes skills such as leading and motivating employees, communication and problem-solving.

PACE offers the management certificate in a part-time format with evening and daytime study options.

Once students complete this program, they will have the skills and knowledge to pursue career opportunities as administrative services managers, financial administrators, material managers, purchasing managers, network operations managers, telecommunications managers, real estate service managers, and many more.

CONTRIBUTED

For more information about the management certificate program at PACE, visit pace.uwinnipegcourses.ca.


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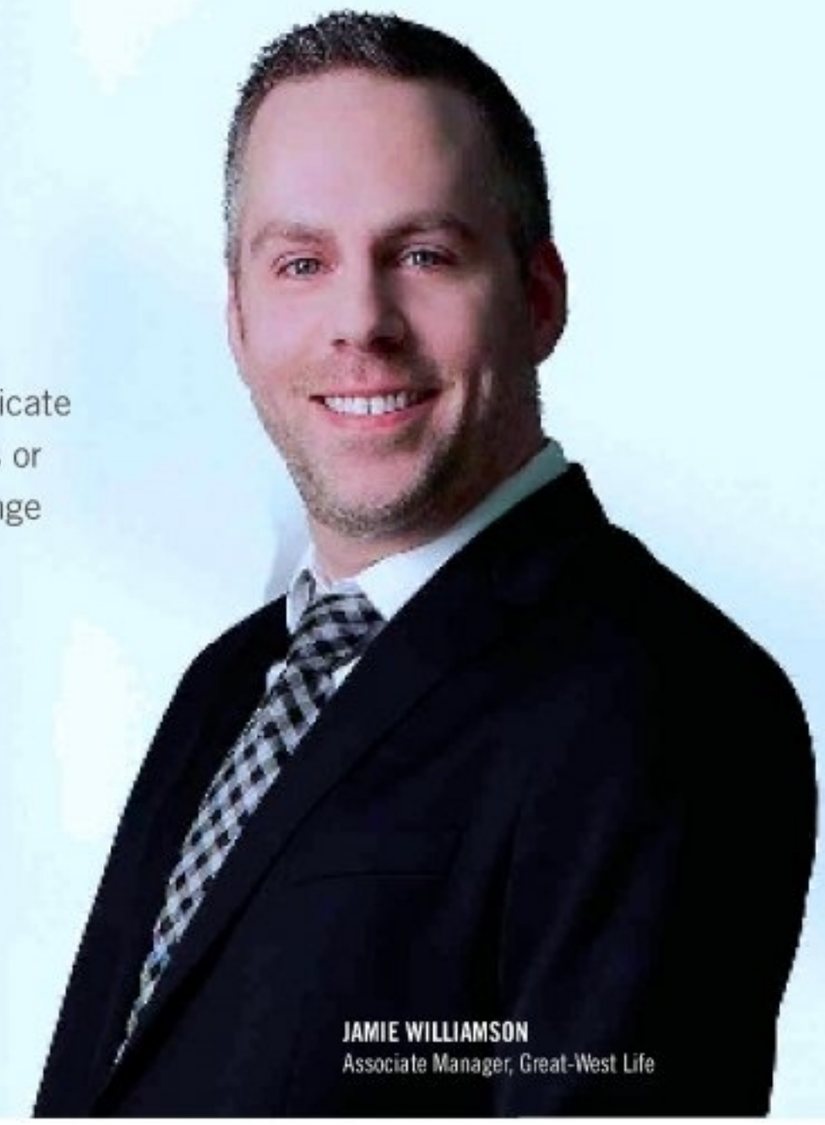
INVEST — IN YOUR — FUTURE

Whether you're seeking to enroll in a diploma or certificate program, individual courses or seminars, PACE offers a range of flexible learning options to help you advance.

GROWING LEADERS FOR THE WORKPLACE



JAMIE WILLIAMSON
Associate Manager, Great-West Life

PACE.UWINNIPEG.CA

metro SPORTS

A Boston Public Schools initiative will allow students to sign up for wake-up calls from David Ortiz to help inspire kids to get out of bed

# Games yet to solve water safety issues

ROAD TO Rio
Contaminated coastline

Just days ahead of the Olympic Games the waterways of Rio de Janeiro are as filthy as ever, contaminated with raw human sewage teeming with dangerous viruses and bacteria, according to a 16-month-long study commissioned by The Associated Press.

Not only are some 1,400 athletes at risk of getting violently ill in water competitions, but the AP's tests indicate that tourists also face potentially serious health risks on the golden beaches of Ipanema and Copacabana.

The AP's survey of the aquatic Olympic and Paralympic venues has revealed consistent and dangerously high levels of viruses from the pollution that has set off alarm bells among sailors, rowers and open-water swimmers.

The first results of the study published over a year ago showed viral levels at up to 1.7 million times what would be considered worrisome in North America or Europe. At those concentrations, swimmers and athletes who ingest just three teaspoons of water are almost certain to be infected with viruses that can cause stomach and respiratory illnesses and more rarely heart and brain inflammation — although whether they fall ill depends on factors like the strength of one's immune system.

Since the AP released the initial results last July, athletes have been taking elaborate precautions to prevent illnesses that could potentially knock them out of the competition, including taking preventative antibiotics, bleaching oars and donning plastic suits and gloves in a bid to limit contact with the water.

THE ASSOCIATED PRESS

## IN BRIEF

**Liriano deal likely means Sanchez move to Jays' pen**

The addition of veteran pitcher Francisco Liriano assures that all-star Aaron Sanchez will be heading to the Blue Jays bullpen.

The 32-year-old Liriano was acquired by Toronto in a trade with the Pittsburgh Pirates on Monday in exchange for right-hander Drew Hutchison. The Jays were already discussing moving Sanchez out of his starting role. THE CANADIAN PRESS

**Source: Bills to bring in Bush**

A person with direct knowledge of the deal tells The Associated Press that the Buffalo Bills have agreed to sign veteran free-agent running back Reggie Bush to a one-year contract.

Bush is a 10-year NFL veteran who played five games with San Francisco last year before suffering a season-ending left knee injury.

THE ASSOCIATED PRESS

# Bombers must find fight on home field

BOMBERS THIS WEEK
Ed Tait

**Matt Nichols went 26 for 33 for 304 yards and a touchdown to help the Bombers end a two-game skid in a 30-23 win in Edmonton Thursday night.** JASON FRANSON/THE CANADIAN PRESS

We begin today by quashing an old, but persistent rumour…

Just for the record — and after countless minutes of consulting our archives — we can refute the tale that when the Winnipeg Blue Bombers were last dominant at home their faithful rode chariots to the games, that blue-and-gold togas were being peddled in the store and mutton on a stick was the most-popular item at the concession stands.

And, while we're on the topic, let's remind everyone that tales recalling the days the Bombers once ruled in their own park need not begin with: 'Once upon a time …'

This ineptitude is a recurring theme now before every Bomber home game and pops up again as the club welcomes the Hamilton Tiger-Cats on Wednesday in a critical contest at Investors Group Field.

'Critical' in that a victory here would not only mean the club would post back-to-back Ws for the first time since July of 2014 — a stretch of 36 games — but because it would give some of the diehards a return on their emotional and financial investments.

Here are some of the gory home numbers:

- The Bombers are just 7-23 at IGF since the building opened in 2013.
- Winnipeg is winless in three home dates to start the 2016 season and winless here dating back to last year's Banjo Bowl, a stretch of six games.
- The Bombers have had just one season in the past seven in which they posted a winning record at home. That was 2011, when the club went 5-4 at old Canad Inns Stadium en route to its last playoff berth and Grey Cup appearance.

Now, it wasn't always like this in these parts.

- At the turn of the millennium — this one, not the last — the Bombers went 28-8 at home over a four-year span from 2000-2004. They were also 45-9 at home from 1990-95 and an astonishing 31-3 here during a stretch from 1984-87.

And so there have been generations of Bomber fans who actually stayed in their seats to watch the home side kick the snot out of opponents, not migrate to the Rum Hut to begin drowning their sorrows.

The point here isn't to open up old wounds — Lord knows they've been festering — but just to reinforce that all champions, contenders even, must protect their home turf with the ferocity of a guard dog.

As it stands right now, the Bombers have let everybody and anybody waltz right into the joint, cook on their grill, bathe in their tub and push them to the couch for the night.

Simply put: that must change.

It says 'Friendly Manitoba' on our license plates, but that hospitality shouldn't extend to every opponent that steps onto the turf on Chancellor Matheson Road.

# RECIPE Green Goddess Salad

PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

You could add grilled chicken or shrimp to this creamy and crunchy salad or you could give the stove a break and enjoy a crisp, cool, vegetarian dinner.

**Ready in**
Prep Time: 5 minutes
Total Time: 10 minutes

**Ingredients**
- 6 or 7 stalks of asparagus
- 2 or 3 handfuls of Boston or Bibb lettuce
- 1/2 English cucumber
- 1 handful of cherry tomatoes
- 1/2 avocado
- 1/4 cup feta cheese, crumbled

Dressing
- 1/2 avocado
- 3/4 cup buttermilk
- 2 Tbsp chives, basil
- 3 tsp white wine vinegar
- 1 tsp anchovy paste
- 1 cup scallions

**Directions**

**1.** Put the dressing ingredients in a blender and whiz away.

**2.** Steam your asparagus for 3 to 5 minutes until they are crisp tender. Plunge them in cold water to stop them from cooking.

**3.** Wash and dry all of your other veggies. Tear and arrange your lettuce on a plate or platter.

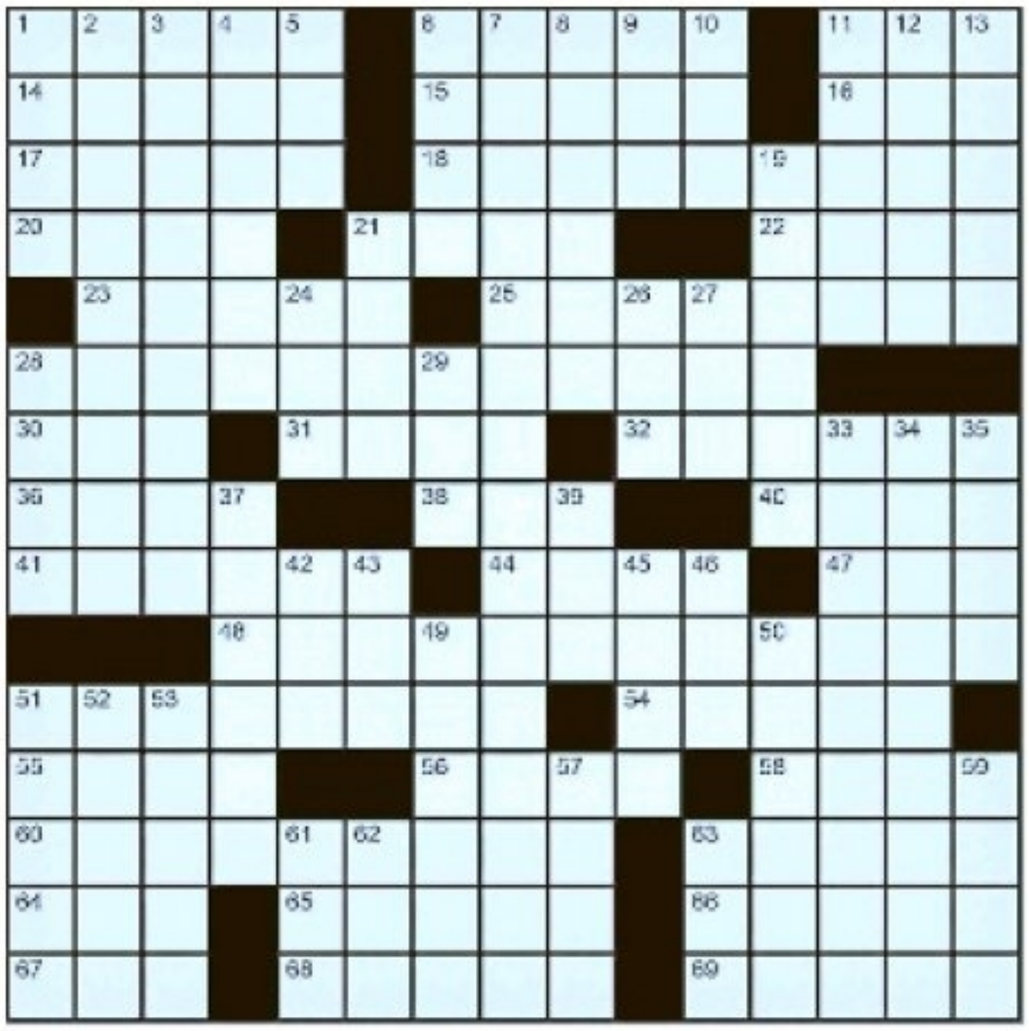
**4.** Take the half, pitted avocado and cut into cubes. Scatter across the lettuce.

**4.** Cut up the asparagus into small pieces, about 2 inch lengths. Toss those on. Scatter the cucumber and tomatoes over your salad. Slightly dress the salad before covering in feta.

FOR MORE MEAL IDEAS, VISIT SWEETPOTATOCHRONICLES.COM

# CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



**ACROSS**
1. Do alterations to the client's old suit
6. English-speaking Quebecer, commonly
11. _-med student
14. Offer one's point of view
15. Rock drill
16. Red Cross mission
17. Bette Davis' character in "All About Eve" (1950)
18. _ out (Expanding one's business, perhaps)
20. Plaintiff
21. Paving stone
22. "Come on, Dover, move yer bloomin' _!" - Eliza in "My Fair Lady" (1964)
23. Fido's collar attachment
25. Away-from-work breaks
28. Serving on a Canadian carnivore's breakfast plate: 2 wds.
30. Classic TV Cousin
31. Mr. LaBeouf
32. Group of four
36. Editor's 'let it stand'
38. Water channel, e.g.
40. Reasonable
41. Get the drink to fizz
44. Diplomacy
47. Murder trial proof, commonly
48. Canadian Museum of _ (Former name of the Canadian Museum of History in Gatineau, Quebec)
51. Beta-_
54. Wide assortment
55. Sort of lily
56. "That is _ _ out guitar!" ...exclaimed the '60s hippy rocker
58. Salt Lake City state
60. Little Bear constellation: 2 wds.
63. "Why _ _ _ longer receiving the magazine?"
64. Maritime message
65. Not hidden
66. Do the cha-cha
67. Farm animal
68. "Turn! Turn! Turn!" by The _
69. Wrath

**DOWN**
1. Followers of CD-
2. Military uniform's shoulder adornment
3. Circus performer, for example
4. "Just Once" singer James
5. Racing's Mr. Fabi
6. French monastery Superior
7. Saskatchewan city: 2 wds.
8. Dei _ Regina (By the grace of God, the Queen)
9. "Steal My Sunshine" group
10. Folklore creature
11. Matches
12. Mouthwash-using step
13. Ford vehicles made in Canada
19. Does a ghost's job
21. Ex-ruler of Iran
24. The Outsiders author Ms. Hinton's
26. Group of play scenes
27. Shoe section
28. Leaning Tower of _
29. '_ _' for Leamington
33. Beaming
34. Aggravator
35. "The _ Martin Show"
37. City in Washington state
39. Movie star, Aishwarya _
42. _-for-tat
43. Genesis fruit picker
45. Russian ruler
46. Driveway covering
49. More ludicrous
50. "The _ Show" (1998) starring Jim Carrey
51. Reason
52. Bow's shot
53. Russian, in Montreal
57. "_ & Minds" (Old show on Bravo)
59. Gardener, at times
61. Gang
62. Brick foliage
63. C-A-N-_-_-_

# IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

**Aries** March 21 - April 20
Today's New Moon is the best day all year to look at the balance in your life with work versus play, socializing and appreciating your creativity. Life should not be all about work.

**Taurus** April 21 - May 21
This is the best day of the year to see ways to improve your home and your family relationships. It's a great day to make resolutions!

**Gemini** May 22 - June 21
Today's New Moon is the perfect day to think about your style of communicating to others. Are you clear in all your communications?

**Cancer** June 22 - July 23
You are frugal by nature. Nevertheless, today is the only New Moon all year urging you to make resolutions about how you handle your wealth.

**Leo** July 24 - Aug. 23
Because you are disciplined today, you will accomplish a lot. Examine the structures in your life to see what is really working and what is not.

**Virgo** Aug. 24 - Sept. 23
Take a moment today to think about the values that guide you on a daily basis. This is something we take for granted and often never think about.

**Libra** Sept. 24 - Oct. 23
Today's New Moon is your opportunity to think about how you can improve your friendships and your relationships with groups. After all, there's always room for improvement, isn't there?

**Scorpio** Oct. 24 - Nov. 22
People skills are important, especially when dealing with bosses and VIPs. How are your skills for dealing with authority figures?

**Sagittarius** Nov. 23 - Dec. 21
You love to travel, and you love to learn. Today's New Moon urges you to think of ways to enrich your life through travel and further study.

**Capricorn** Dec. 22 - Jan. 20
Each New Moon is a chance to make resolutions. Today's New Moon offers you a chance to think about how to get out of debt and handle shared property in a better way.

**Aquarius** Jan. 21 - Feb. 19
What can you do to improve your partnerships and closest relationships? This might be the best day of the year to think about this. Be honest with yourself.

**Pisces**
Feb. 20 - March 20
Today's New Moon is your chance to think about how to improve your health, as well as how to improve your job or how you do your job.

**CONCEPTIS SUDOKU** by Dave Green

Every row, column and box contains 1-9

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# Making leaders, on and off the court.

Tangerine and Canada Basketball are teaming up in support of the 2016 U15/U17 Boys National Championships. Together we provide the leadership, resources and skills that help bring together the top players from across the country. This is just one of the many ways Tangerine empowers athletes to promote positive change in their communities and helps give countless young Canadians a Bright Way Forward.

**BrightWayForward.ca**

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